

I-CAN Individual Support Needs Report (Confidential)

Name: David Bread
Address: 44 Centre St, Centreville
Phone: 0400123456
DOB: 14-03-1988
Date of interview: 05-07-2019
Facilitator: Laura
Dave, Katherine (Keyworker),
Lyndal (Dave's Mum), Marco
(Dave's Dad) and Phillipa (Dave's
sister)
Participants:

Reason for Assessment

Dave's NDIS plan is up for review and he wants an assessment that captures his new goals now that he has moved and is established within his community.

About Me

Dave is an active member of his local bocce team, runs a blog about life with cerebral palsy and has recently moved into a group home with 3 other young men. Dave is well connected in his local community and says that his friends and family are central to his life. He also has a big online following and is often invited to speak at events.

Current Life Situation

Dave lives in a house with 3 other housemates, the house is run by Centreville services. The house has staff 24 hours per day, 7 days per week. Dave was blocking a bed in respite before he moved in the house due to his family being unable to provide the level of physical care he needed in the family home. Dave is very happy in his new home and is developing positive relationships with his housemates. He has a close knit family who live close by and he is positive about the future now that he has a long term home in his community.

I Can Contribute

Dave is an excellent friend who is reliable and kind. He is the captain of his bocce club and runs a funny and engaging social media blog. Dave is an excellent public speaker. He and his mum make the best tasting home made pasta, when he goes home each Saturday.

Long Term Goals, Dreams & Aspirations

Dave would like to explore job opportunities and career options that relate to his areas of interest.
Dave would like to have access to more technology so he can be more independent in his new home

Assessment Observations

Dave actively participated in the I-CAN assessment along with his family members and keyworker.

Support Network

Dave is supported by Centreville services where he has access to support workers 24 hours a day, 7 days per week. His mum picks him up each Saturday and he spends the day and evening in the family home. Dave sees his friends most weeks.

Disabilities

Cerebral Palsy
Intellectual Disability

Medical Conditions

Epilepsy
Sleep Apnoea

Results

Statistical Summary

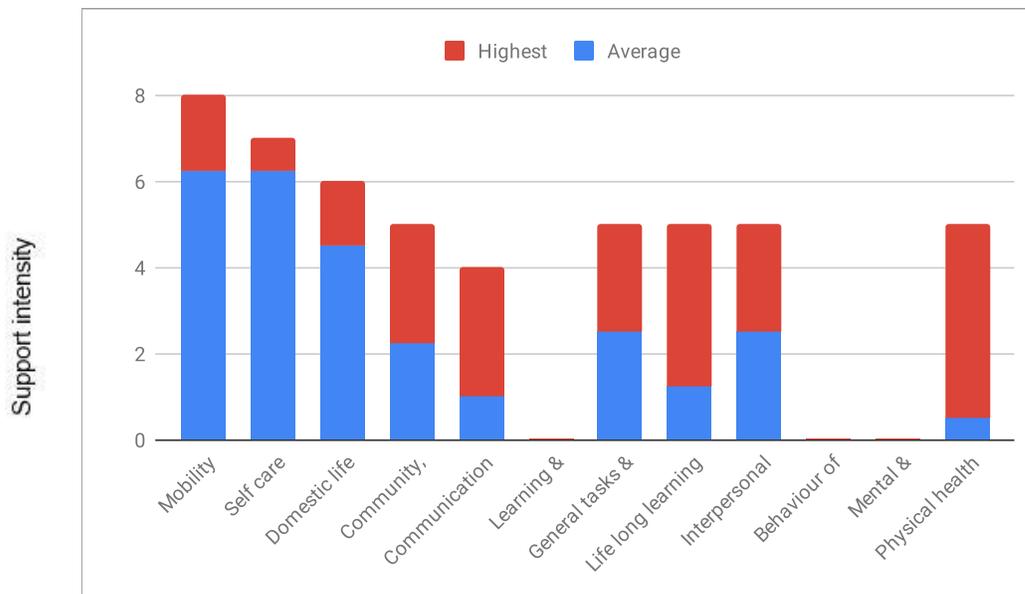


Figure 1. Highest and Average Support Intensity

Rating Scales

Frequency of Support

5 Continuously
4 Frequently
3 Daily
2 Weekly
1 Occasionally
0 Never

Level of Support

5 Pervasive
4 Extensive
3 Moderate
2 Minor
1 Managed
0 Independent

Combined Support Intensity

10 Continuous/ Pervasive
8 Frequent/ Extensive
6 Daily/ Moderate
4 Weekly/ Minor
2 Occasional/ Managed
0 No support

Questions in the I-CAN are rated using two 0-5 point scales. The Frequency of Support scale asks how often support is needed. The Level of Support scale asks how much support is needed. These two scales are added to give a 0-10 Combined Support Intensity scale. Figure 1 shows the average support intensity within each domain in blue. The highest support intensity gained on any item is also displayed in red.

Support Needs Breakdown- Activities & Participation

Mobility

Dave uses a lot of equipment for his mobility including 2 wheelchairs, a hoist and sling and a wheelchair adapted vehicle

Transfers & Positioning

4.Frequently

4.Extensive

Dave can transfer between his bed, wheelchairs, shower commode and shower bed using a ceiling hoist and sling with full physical assistance from one staff carer. Occasionally when Dave is the only resident home he will slide down independently from his wheelchair onto the floor once a carer has undone his pelvic belt.

Dave requires a re-positioning in bed twice during the night to prevent pressure areas, this is done by one staff member using a slide sheet.

Carrying, Moving & Handling Objects

4.Frequently

1. Managed

Dave can carry, move and handle objects independently using his left hand when items are at a level he can reach from his wheelchair.

When he moved into his new home, minor environmental modifications were made for items that Dave would regularly access available at the right height.

Walking & moving

5. Continuously

1. Managed

Dave independently drives his powered wheelchair when he is out and about in the community. He also has a manual wheelchair which he uses on Sundays when all of the residents are going out together and there is not room in the van for his powered chair. Dave can propel his manual wheelchair over short distances. A carer pushes the chair when Dave gets tired. At home Dave either uses his powered wheelchair to get around the house, or if he is the only resident home, he transfers out of his wheelchair and moves around on the floor

Transport

2. Weekly

4.Extensive

Dave can access the community and visit his family when transported in the wheelchair accessing vehicle owned by his group home.

Mobility goal:

1. Occasionally

4.Extensive

Start Date: 09/14/2019

Review date: 12/14/2019

Dave to be assessed by an Occupational Therapist for a new powered wheelchair, he has funding in his NDIS plan for this.

Katherine (Keyworker) to contact Ability Therapists to request an OT assessment.

Domestic life

When Dave lived at home with his family he was quite involved in chores around the home, especially cooking. Dave would like to be more involved with the meal planning, shopping and cooking in his new home.

Shopping

2. Weekly

4.Extensive

Dave can write a shopping list for his meal choices by using 'my shopping pal' on his iPad. The staff at the group home will use the shopping list to create a Coles online order.

Cooking

3. Daily

3. Moderate

Dave enjoys cooking and can be involved in many steps. He loves talking about food and mixing is one of his favourite steps. Dave can participate in parts of the cooking task if the environment is set up and staff give Dave the ingredients in the right order and quantity.

Cleaning & domestic tasks

3. Daily

3. Moderate

Dave's house has a domestic tasks roster, this breaks down communal and individual responsibilities. Dave can set and clear the dinner table when staff put out the cutlery, crockery and glasses on the kitchen bench near the door just before dinner time. Dave can put his dirty washing in the basket when he has a shower. He can put his clean washing away in his drawers if a staff member opens the drawer for him. Dave needs daily verbal reminders to check the roster and see what his daily job is.

Domestic life goal:

1. Occasionally

3. Moderate

Start Date: 10/10/2019

Review date: 02/10/2020

Dave to make homemade pasta using his mum's recipe for his housemates

Katherine (keyworker) to spend a Saturday at home with Dave to learn his mum's recipe so it can be replicated in the group home.

Eating & drinking

3. Daily

1. Managed

Dave can eat and drink independently when he has his handled cup with metal straw, built up cutlery and high rimmed plate.

Personal care

3. Daily

4. Extensive

Dave can shower daily independently once transferred into his shower commode and the temperature of the shower is set to the correct temperature. Staff wash Dave's hair for him once per week.

Dave can shave using an electric razor with hand over hand support. He can also brush his teeth with hand over hand support.

Toileting

3. Daily

4. Extensive

Dave uses a uridome and leg bag which staff apply for him each morning and empty in the evenings. He wears pads at nighttime. For bowel motions he uses his commode and is toileted timed, prior to his morning shower.

Dressing

3. Daily

4. Extensive

Dave likes to look smart, Dave chooses what he wear each day and staff get it out for him. Staff provide full assistance to Dave to get dressed after his morning shower.

Community, social & civic life

Dave is an active member of his community and this is important to him

Money & economic life

1. Occasionally

4. Extensive

Dave has a paywave card which his mum loads \$250 each fortnight. Dave uses this to purchase meals out, clothing and other personal items. Dave is able to use the card independently and keeps track of his balance using his mobile banking app.

Leisure & recreation

2. Weekly

2. Minor

Dave is the captain of his local bocce team, this role is very important to him. Dave can independently play competitive bocce once his ramp is set up for him and his balls are taken out of their bag.

Dave loves music and watching the TV, he would like to be more independent in being able to watch the TV and listen to music at home

Community, social & civic life goal:

1. Occasionally

4. Extensive

Dave to be able to use his iPad to activate his TV and choose what to watch

Occupational Therapist to assess Dave to technology options to control the TV

Communication

Dave is a strong communicator but gets frustrated when people don't understand him.

Conversations & communication

1. Occasionally

3. Moderate

Dave communicates effectively with known people. New people can sometimes find it hard to understand him, especially over the phone. Dave likes to have a support person with him when talking to new people, especially when negotiating services so they can step in if the other person doesn't understand him.

General tasks & demands

Dave has had a lot of changes to his routine and he is still finding his groove in his new home.

Daily routines

3. Daily

2. Minor

Dave can follow the household routine and roster by being verbally prompted to check the schedule board and household roster.

Manage medication

3. Daily

2. Minor

Dave takes his medication with his breakfast and dinner when the staff give him the tablets from his Webster pack.

Life long learning

Dave would like to find a job where he would work up to 3 days per week

Finding, choosing & applying

1. Occasionally

4. Extensive

Dave can work on creating a resume of his previous experience with his job coach once a fortnight. Dave reviews job ads sent to him by his job coach on his iPad. If Dave decides to apply for a job, his job coach completes the application for him with Dave providing the answers.

Life long learning goal:

1. Occasionally

3. Moderate

Start Date: 07/20/2019

Review date: 01/20/2020

Dave to secure employment for up to 3 days per week in an admin or data entry job

Job coach to work with Dave fortnightly to complete his resume, search for and apply for jobs and complete any required training.

Interpersonal interactions & relationships

Dave has a close circle of friends who he sees most weeks, many of his friends play bocce in the local tournament. His family is tight knit and he sees them every week and speaks to them most days. Amy, Dave's girlfriend is another important part of his relationships.

Manage relationships

1. Occasionally

4. Extensive

Dave has a close group of friends, most are either in the bocce tournament or part of his social group who have a weekly catch-up doing a planned activity. Dave is a loyal and proactive friend who often comes up with the weekly activity ideas. Dave writes a popular blog about living with disability. Last year he got some negative comments about his blog from anonymous people online, Dave needed a lot of emotional support from his mum and sister to manage this situation.

Intimate & dependent relationships

2. Weekly

3. Moderate

Amy is Dave's girlfriend. They have been in a close relationship for a year and have known each other since school. They like to see movies together. Prior to moving into his new home Dave checked if it would be okay for Amy to stay over. Dave and Amy are seeing a relationships counsellor once a week (for 12 weeks) for education and support to assist them to make an informed decisions about a sexual relationship.

Interpersonal interactions & relationships goal:

1. Occasionally

3. Moderate

Start Date: 10/10/2019

Review date: 03/10/2020

Dave to make informed choices about future sexual relationships

Relationships counsellor education and support to be evaluated to ensure decisions are informed

Interpersonal interactions & relationships goal:

2. Weekly

3. Moderate

Start Date: 08/01/2019

Review date: 11/01/2019

Dave to attend online safety education

Katherine to support Dave to enrol in and participate in an online course

Physical health

Dave has some ongoing challenges with his physical health, he has recently changed to a new medical team.

Pain

1. Occasionally

4. Extensive

Dave experiences periods of acute back and arm pain. During these episodes Dave requires significant physical assistance with tasks that he is usually independent in that involve him raising his arms/hands such as feeding himself, carrying and handling objects and even driving his power wheelchair. The episodes are only occasional - approximately twice per year and don't usually last more than 2 days.

Night support

Received: Active (wakeover)

Required: Active (wakeover)

Overall level of support needed:

Substantial- Person needs direct support readily available 24 hours per day

Requirement: Ongoing

Availability: Consistent & Stable

Circle of Supports & Support Services

Mother

2. Weekly

Dave is very close to his mother and they see each other weekly and often speak on other days. She manages Dave's finances and spends Saturdays with him at home
