What is Important to Us in Health Research Art Competition

About the Centre for Disability Studies



Hello we are from the **Centre for Disability Studies**



People call us CDS for short



We do work with people with intellectual disability and their families



We do lots of projects and research



We are located at the University of Sydney

About the Project



CDS is doing this project with The National Centre of Excellence in Intellectual Disability Health

The Centre

We call them the Centre



The project is called What is Important to Us in Health Research



The project is about health research



We want to find out which health topics are most important to people with intellectual disability in Australia



We will do that by having an art competition



The competition is called **Health Matters!**



After the competition we will do a study about the project



This means we will write down what we learnt from the competition and do research



You are invited be part of this project



Taking part is voluntary. That means you can say yes or no



Please read this sheet carefully



Ask questions if you do not understand or want to know more



You can **ask someone you trust** to help you read this sheet

Who is Running this Project?





The project is being done together by CDS and the Centre

This Includes:



Associate Professor Mary-Ann O'Donovan from CDS



She is managing the project to make sure it is done well



Associate Professor Patsie Frawley from the Centre



Alanna Julian from CDS



Doctor Gisselle Gallego from CDS



Danielle Carey from CDS



Ryan Andriesz from CDS

Who can take part in the Project?



If you want to be part of this project you must



Have intellectual disability



Be 18 years old or older



Live in Australia

What will you Do in this Project?



The project includes an art competition called Health Matters!



If you want to you can be part of the art competition



The art competition is free to enter



You will make artworks about what health topics are important to you



You can use any type of art you like

This could be...



Painting or drawing



Sculpture



Music or dance



Writing



Digital Art



Other kinds of art



We will help you if you need materials

About the Competition

Commented [ca1]: Edie - Wondering if we could add a sentence saying that the competition will have Terms and Conditions that the researchers and the artists need to follow to make it fair and protect everyone's rights

November

14

The competition will open on 14 November 2025

January

16

The competition will close on 16 January 2026



If you join the competition you will share a copy of your artwork



We will put your artwork up on our website



You will also need to give us some information about your artwork





This means you can write something down or make a video to tell us about your artwork





We will also ask you if it is okay to show your name and information with your artwork



You will also need to tell us some information about yourself





You will need to tell us your phone number and email so we can tell you if you are a winner in the competition

Commented [ca2]: After this add:

You will need to tell us your phone number and email to that we can tell you if you are a winner of the competition



We will show the artworks in an online exhibition

February

2026

The exhibition will be in February 2026



We will invite you and your family and friends to join a special event to celebrate the exhibition

February

2026

The special event will be in February 2026



We will announce the winners at the special event



A panel of people with lived experience will choose the winners



There will some prizes:



For 1st place For 2nd place For 3rd place



For people's choice

This means which artwork people vote for



The competition has **terms and conditions**



Terms and conditions are rules you need to follow



These rules are to protect your rights



If you want to learn more about the terms and conditions you can read the terms and conditions document

Important Information about the Project



It is your choice if you want to do the project



You can change your mind later



You can stop doing the project at any time





If you are doing the project we will ask you for some information and a picture of your artwork



If you stop doing the project we will delete this information if you want us to



This means your information will not be in the study



You can choose if you want us to delete or keep your information





We will only use your information for the study unless you say it is okay



You keep the copyright of your artwork



This means the artwork belongs to you not us



You can choose if you want your name and information with your artwork at the exhibition



Your information will be kept private



This means that we will not share your information unless the law says we have to



We will publish the results of the study



This means that anyone can read about the project



After the exhibition we will remove the names and information





This means that in the study it will not say who made the artworks



It is possible that someone might recognise the artwork



This means that they might know that you made the artwork



We will do our best to keep your information safe



We will delete your information when we do not need it anymore



If you want more information about this you can email us

Are there any Benefits?



Being part of the project is free



The only thing you need to give is your time



We do not think there will be any bad things from doing the project



If you feel upset from doing the project we can help you talk to someone about it



There may be some good things from the project



You can have your artwork in an online exhibition



You might win a prize